

Treating addictions requires more  
than knowing what to do.  
It requires knowing what to say.

**We offer treatment in 6 Asian languages and 7 dialects.**

**We speak multiple Asian languages and dialects.**

**We offer drug, alcohol and gambling-addiction treatment  
along with a full suite of mental health and counseling services.**

**Our language and cultural competency correlates  
with positive treatment outcomes.**

Assessing and treating Asian-Americans with behavioral-health issues can present a significant challenge to clinicians and organizations that are not fluent in the specific Asian language or culture.

That's where we can help.

We are the largest provider of outpatient mental health services to the Asian community in the Northeast.

From assessment to counseling to recovery, we offer a full range of mental health services tailored to the Asian-American community.

In addition, we can help with any forensic or case management requirements, including programmatic support, pre-vocational skill training, employment placement, and reporting and assessment related to DWI and other offenses.



## **Through a variety of language-specific behavioral services and treatments, we help Asian-Americans turn their lives around.**

Drug abuse and addictions affect people of all ages and cultures. There are, however, distinctive patterns of use among different ethnic groups. Understanding these patterns is critical to the success of any substance abuse or mental health program.

In parts of Asia, for example, alcohol consumption is accepted as a means of dealing with sadness and painful memories. People from such areas may not even perceive they have a drinking problem until their lives are in crisis. To make matters worse, a language or cultural barrier may keep them from getting the treatment they need. That is why understanding cultural and language nuances is so important.

Since 1983, Asian American Recovery Services has helped Asian Americans recover from addictive behaviors, and gained unsurpassed expertise in the area of language-specific treatment, interventions and case management. All of which is provided with the utmost confidentiality.

Our state-of-the art treatment centers are certified by the New York State Office of Alcoholism and Substance Abuse Services (OASAS) and serve multi-Asian communities, including Chinese (Cantonese and Mandarin speaking), Japanese, Korean and Southeast Asian populations. We offer counseling, prevention, and rehabilitative services on an outpatient basis. In addition, we can provide supported housing, pre-vocational skill training and employment assistance.



# Client motivation is key.

A client's desire and readiness for change constitutes a major factor in overcoming their addiction.

Our therapists and counselors use an intervention model that incorporates motivational interviewing, cognitive behavioral therapy and comprehensive case management to engage and treat clients. Treatment plans always take into account an individual's specific cultural background.

While most Asian clients are more comfortable working with a counselor on a one-to-one basis, other approaches that have proven successful include engaging the client's family in treatment, and enlisting our medical staff to assist in recovery, as well as improvement of their overall health.

In summary, the combination of culturally sensitive, language-specific treatment, along with identifying and assessing motivational factors, forms the basis of our approach.





She's been late for work with growing frequency. She seems agitated and defensive when you try to approach her. You suspect there may be domestic problems at home — but because of a language and cultural gap your desire to communicate has not been completely successful. You want to help. But you're not sure how.

While cases like these may present complications for you, this represents a typical scenario for us. We'll help you quickly assess the situation. And in cases involving drugs, alcohol or gambling, we offer screenings and treatment plans that we can administer as well.

Call **212-720-4520 ext. 9531** now for  
help in managing your Asian cases with  
culturally appropriate insight and treatment.

JJ Hung, LMHC, CRC, CASAC-G  
Director, Asian-American Recovery Services  
Hamilton-Madison House  
[recoveryservices@hmonline.org](mailto:recoveryservices@hmonline.org)



253 South Street  
2nd Floor  
New York, NY 10002  
212.720.4520